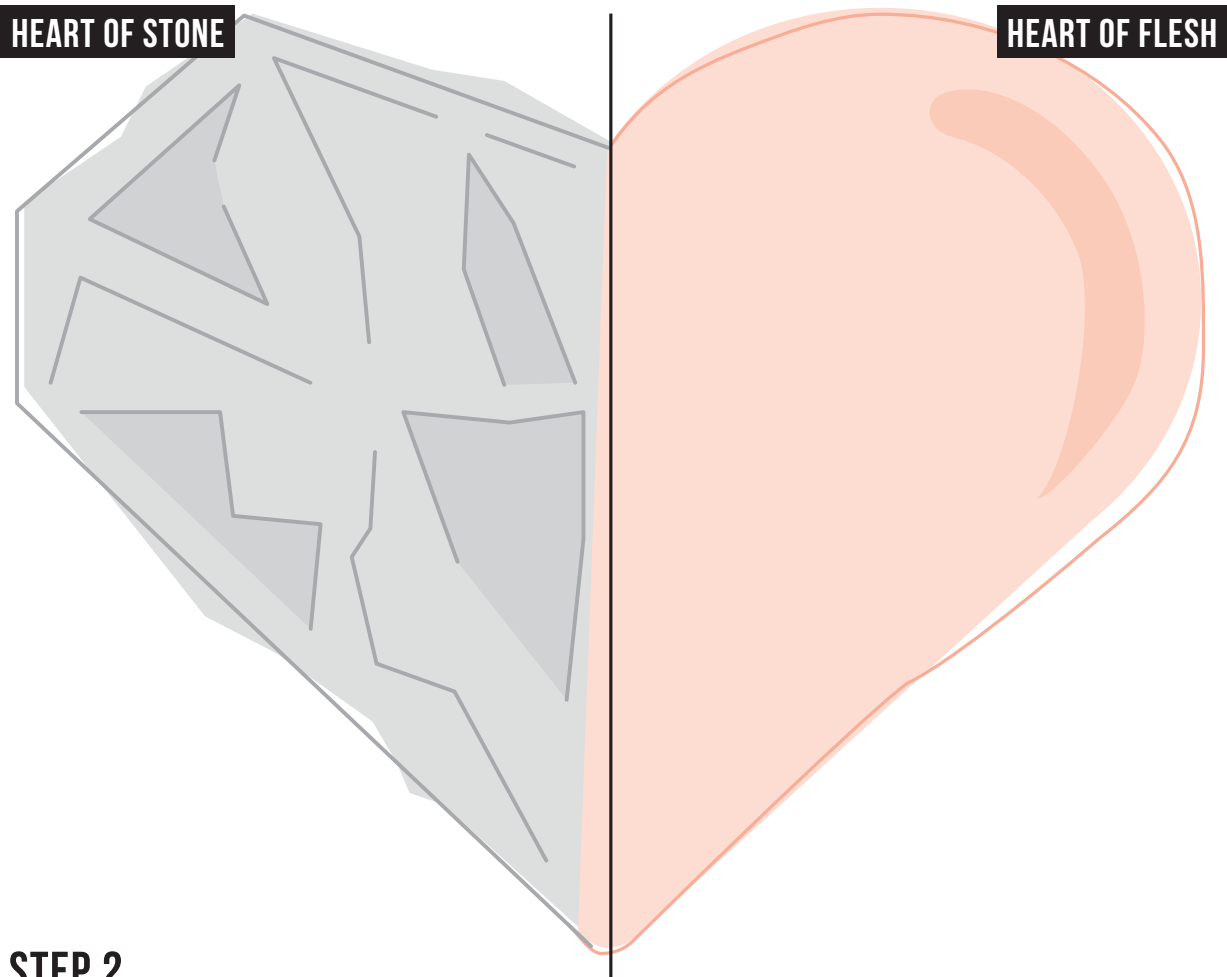


# WORKSHEET: HEARTS OF STONE AND FLESH

## STEP 1

Think about words or phrases that may describe a heart of stone and a heart of flesh. Take some time to write on the “heart of stone” side of the diagram words that spring to mind that sum up this heart state. Do the same for the “heart of flesh”. Try to be as specific and as broad reaching as you can.



## STEP 2

Ask the Holy Spirit to draw attention to any words on the left that describe your heart and any on the right that you long for more of in your heart. Circle them and use them to complete the sentences below. (For example: God will remove my heart of *selfishness* and give me a heart of *compassion*.)

God will remove my heart of \_\_\_\_\_

and give me a heart of \_\_\_\_\_

God will remove my heart of \_\_\_\_\_

and give me a heart of \_\_\_\_\_

